

UC



SB

# Junior Lifeguards

JG Journal

*Rookie Week*

UCSB JG Office Number: 893 – 7616  
UCSB JG Beach Number: 618-0030

Rec Cen Lifeguard Office in case of JG  
Emergency: 893- 7213

Welcome to the 2019 UCSB Jr. Guards program. Once again safety will be our highest priority as it has in the pass years. The staff here fervently believes that kids may achieve their goals when provided the opportunity to do so in a safe and encouraging environment. We hope to provide that environment to the junior guards this summer and decades to follow. Part of this safe environment means coming to the beach prepared for camp every day with the necessary gear. This includes sunscreen, uniform (SOLID navy blue suit and camp shirt), towel, plenty of water and a lunch. We also ask that anything personal brought to the beach, especially uniforms, are clearly label with the child’s name.

Please remember that the water is cooler in mid June and that all camp participants are allowed to wear wetsuits or similar apparel to keep them warmer. These items can be purchased at Surf Country for a discount if you mention our program. Additionally, with “June gloom” the mornings can be cold, so sweatshirts are greatly encouraged.

Schedule for Rookie Week:            Wednesday June 19<sup>th</sup> – Friday June 21<sup>st</sup>

**On Wed. drop-off and pick-up will be at the Rec Cen.**  
**Thur and Fri at Campus Point**

*The camp will meet from 9:00 AM to 12:00 PM everyday of Rookie Week*

Wed **At Rec Center:**     Rules & Regulations, stroke technique & conditioning  
Thur **At Campus Point:** Intro to camp equipment, beach safety, etc.  
Fri **At Campus Point:** Paddling, Running, Beach Games

**ROOKIE WEEK STUDENT DROP-OFF** on Wed will be at the Rec Cen on Ocean Road off Mesa Road at 9:00 AM. Please drop-off in the parking lot across the street and an instructor will walk the students across. Thur and Fri please drop-off at Lot 6 by Campus Point. Please park in the lot and an instructor will direct students across the street.

**ROOKIE WEEK STUDENT PICK-UP** on Wed will happen at the Rec Cen at **NOON**, please park in the lot and the instructors will walk the students across the street to the lot. On Thur. and Fri. pick-up will happen at Lot 6 near Campus Point, once again please park in the lot and let the students walk across the street to meet you.

**PARKING:** There are several community parking spots available in Parking Lot 6 (look for signs that read Coastal Access). Coastal Access spots have a 4 hour time limit and you must buy a parking pass from the automated machine in the lot.

**DO NOT** drive down past the Marine Science building to drop off your campers or park in lot 6 without buying a permit as you will very likely be ticketed.