

Group FIT & CYCLE

Summer 2019

GROUP FIT SCHEDULE

Group Fitness All Access Pass
 Session A: June 24-August 4
 Session B: August 5-September 14
 Rob Gym 1430

Students: \$50/per session
 Staff/Faculty: \$55/per session
 Community: \$65/per session

MON	TUE	WED	THUR	FRI	SUN
					11:30-12:20pm Pump + Abs Ryan
12:05-12:55pm Hip Hop Barre Alex	12:05-12:55pm Circuit Ryan	12:05-12:55pm HIIT Alex	12:05-12:55pm Pump + Abs Ryan	12:05-12:55pm Booty Camp Kelly	12:30-1:20pm Cardio Kickboxing Ryan
4:10-5:00pm Chisel & Sculpt Jo	4:10-5:00pm Pump + Plyos Ryan	4:10-5:00pm Chisel & Sculpt Jo	4:10-5:00pm HIIT Ryan	4:10-5:00pm Foam & Flex Ryan	
5:05-5:55pm Cardio Blast Jo		5:05-5:55pm Cardio Blast Jo			

GROUP CYCLE SCHEDULE

The Group Cycle All Access
 Session A: June 24-August 4
 Session B: August 5-Sept. 14
 Rob Gym 1125

Students: \$50/per session
 Non-Students: \$55/per session
 Community: \$65/per session

MON	TUE	WED	THUR	FRI	SUN
	7:00-7:50am* Indoor Cycling Geneve		7:00-7:50am* Indoor Cycling Geneve		
12:05-12:55pm Indoor Cycling Alisa		12:05-12:55pm Indoor Cycling Alisa			
5:15-6:05pm Indoor Cycling Alisa	5:15-6:05pm Indoor Cycling Ryan	5:15-6:05pm Indoor Cycling Alisa	5:15-6:05pm Indoor Cycling Ryan		
8:00-8:50pm (Session B Only) Sweat n Cycle After Hours Noelia		8:00-8:50pm (Session B Only) Sweat n Cycle After Hours Noelia			

Purchase a Group Fitness or Group Cycle All Access Pass online at recreation.ucsb.edu or in person at the Recreation Customer Service Center.