

# Special EVENTS

Fall 2019

## Fun & Fitness Festival

1-4pm | Recreation Center

SEPT  
25

The Fun & Fitness Festival is the Department of Recreation's annual showcase and biggest event of the year. Join us for free fitness, Gaucho REC, sport and adventure demos, live performances, games, free food, giveaways, and much more!

## Friday Splash Bash

2-5pm | Rec Cen Pool Deck

OCT  
4

Kick off your weekend on the pool deck with Friday Splash Bash! Enjoy water and deck games including log rolling, canoe battleship, giant jenga, cornhole, spikeball, and more! We'll provide the games and snacks, just show-up with your swimsuit and towel!

## Mindful Monday

5-6:30pm | Loma Pelona

OCT  
7

Enjoy a rejuvenating evening of yoga with instructor Hattie Bluestone. Sweat, smile, breathe and leave feeling grounded, aligned and balanced. Bring your student ID and a yoga mat if you have one. Limited mats available.

*In collaboration with UCSB Health & Wellness.*

To learn more about our events and register for Turkey Trot, visit us online at [recreation.ucsb.edu](http://recreation.ucsb.edu) or at our Recreation Customer Service Center.

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Department of Recreation

## Yoga Nights

7:30-9:30pm | Rec Cen Pavilion Gym

OCT  
11

De-stress, recharge, and get zenned with instructor Natalie Sampila. Yoga Nights is a free 90 minute yoga class that features interactive socials and prize giveaways. No experience is necessary. Bring your student ID and a yoga mat if you have one. Limited mats available.

*In collaboration with UCSB Life of the Party.*

## Hallowheels

9pm-1am | Rec Cen MAC

OCT  
25

Roll out to the Recreation Center for a Halloween celebration. Enjoy a night of skating featuring a DJ, movie, free pizza, pumpkin painting and more! Participants are encouraged to wear their kookiest and scariest costume for a chance to win the costume contest!

*In collaboration with UCSB Life of the Party, UCSB Health & Wellness and Office of Student Life.*

## Turkey Trot

8:30am Check-In | Lagoon Lawn

NOV  
23

Join the Department of Recreation for the 42nd Annual Turkey Trot 5K/10K Walk & Run. Open to UCSB students and community members, this event includes a Men's, Women's and Open Division for each race. Prizes are awarded to the first, second, and third place winners of each length race and division. The course features breathtaking views of the ocean and lagoon from the UCSB Campus.



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