Now Hiring Fitness Assistants

Applications will be accepted through **Friday, November 3rd no later than 5pm.** Please submit completed application with current resume either through Handshake or At: Brenda Lear in the **Rec Sports Office** across from the Customer Service Center in the Recreation Center. ***Interview invitations will be sent out early the following week.

**If hired, please be sure you are available to attend the Mandatory Training Dates:**
- Fitness Center Specific Training: Saturday, December 2nd + 3rd (times tba)
- Recreation Department All New Hire Training: Winter Quarter (tba)

**Job Description**
Fitness Assistant’s provide supervision and information to patrons utilizing the exercise rooms, strength and free weight areas, and cardiovascular areas. They ensure the safety and cleanliness of these areas and create a friendly, inviting and inclusive space for partakers to relieve stress and work on personal fitness goals.

**Responsibilities include (but are not limited to):**
- Clearly articulate, enforce and educate patrons on all rules, policies and procedures.
- Advise participants on routine exercise questions (this does not include exercise prescription).
- Assist Fitness Center participants in the safe and appropriate use of fitness equipment.
- Provide proper spotting technique for weight room participants.
- Inspect equipment for safety and report damaged equipment and accessories.
- Perform preventative maintenance and clean equipment to provide a safe environment for active patrons.
- Promote fitness programs to patrons, provide customer service and respectfully manage disagreements.
- Conduct opening and closing procedures appropriately.
- Provide safety management and emergency response.
- Provide tours to guests and new patrons as necessary.

**Required Qualifications:**
- Current enrollment as a UCSB student.
- Maintain current CPR & First Aid Certifications (**Certification class will be provided.**)
- Attend staff trainings once a quarter.
- Attend bi-weekly staff meetings.
- Must commit to working a minimum of 6 hours/week. (Minimum 2 shifts a week, preferably more.)
- Must be available early mornings, nights and weekends.

**Preferred Qualifications:**
- Working knowledge of fitness and strength equipment at UCSB (in-services will be provided).
- Working knowledge of Recreation Fitness Program to provide customer service in the Fitness Center (this includes Group Fitness, Personal Training, Recreation Classes and upcoming Special Events).

**Recreation Department Expectations:** You will be expected to conduct yourself in the following ways:
- Knowledge – You will be expected to know information shared at staff meetings, trainings and within your staff manual and follow all the policies and procedures which pertain to your position.
- Attitude – Maintain a good attitude towards your job. Your attitude directly reflects upon our department. You are expected to be professional and courteous with participants.
- Initiative – Take initiative. The Recreation Department believes in student leadership and gives significant responsibility to our student employees.
- Integrity – Be honest and admit mistakes when they are made. Immediately move to acknowledge and correct them.
- Appearance – You are part of a service organization and your appearance reflects on the standing of the program as a whole. Be sure you are well groomed and in your staff shirt and closed-toed shoes.

**Pay:** $10.50/hour (Starting Winter Quarter 2018 = $11/hour)