Mind & Body

Class | Level | Instructor | Location | Fee | Day | Time | Date(s)
--- | --- | --- | --- | --- | --- | --- | ---
Massage | All Levels | Ernst | RG 1410 | $44/$48 | Tue | 7:30-9:00pm | April 9 - May 28
Pilates - Chair | Sculpt | Gage | RG 1410 | $80/$84 | Mon | 5:10-6:00pm | April 8 - June 3*
Pilates - Chair | Sculpt | Gage | RG 1410 | $80/$84 | Wed | 5:10-6:00pm | April 10 - May 29
Pilates - Mat | Core and More | Guthrie | RG 1430 | $50/$54 | Tue | 5:10-6:00pm | April 9 - May 28
Pilates - Mat | Core and More | Guthrie | RG 1430 | $50/$54 | Thu | 5:10-6:00pm | April 11 - May 30
Yoga | Sunset Flow | Mint | Pavilion Gym | $44/$48 | Mon | 5:15-6:30pm | April 8 - June 3*
Yoga | Hatha Mainstream | Venaas | RG 1430 | $44/$48 | Mon | 7:15-8:30pm | April 8 - June 3*
Yoga | Refresh + Reset | Noland | Kova | $44/$48 | Tue | 12:00-1:15pm | April 9 - May 28
Yoga | Strong + Stretchy | Hassemer | Pavilion Gym | $44/$48 | Tue | 5:15-6:30pm | April 9 - May 28
Yoga | Hatha Mainstream | Venaas | Kova | $44/$48 | Wed | 12:00-1:30pm | April 10 - May 29
Yoga | Strong Flow | Blustone | Pavilion Gym | $44/$48 | Wed | 5:15-6:30pm | April 10 - May 29
Yoga | Living Flow | Sampila | RG 1430 | $44/$48 | Wed | 7:15-8:30pm | April 10 - May 29
Yoga | Living Flow | Sampila | RG 1430 | $44/$48 | Thu | 12:00-1:00pm | April 11 - May 30
Yoga | Refresh + Reset | Noland | Pavilion Gym | $44/$48 | Thu | 5:15-6:30pm | April 11 - May 30
Yoga | Lunch Break Flow | Mint | Kova | $44/$48 | Fri | 12:00-1:00pm | April 12 - May 31
Yoga | Vinyasa Flow | Blustone | RG 1410 | $44/$48 | Sat | 11:00-12:00pm | April 13 - June 1

Pilates / Yoga

There is a limited amount of yoga mats available for checkout so participants are encouraged to bring their own.

Sport

Class | Level | Instructor | Location | Fee | Day | Time | Date(s)
--- | --- | --- | --- | --- | --- | --- | ---
Indoor Rowing | All Levels | Gorman | RG 2120 | $74/$79 | Mon/Wed | 12:30-1:30pm | April 8 - June 3*
Olympic Weight Lifting | All Levels | Yang | MAC | $120/$124 | Tue | 8:00am-9:00am | April 2 - June 11
Olympic Weight Lifting | All Levels | Yang | MAC | $120/$124 | Thu | 8:00am-9:00am | April 4 - June 13
Sailing - Session 1 | Beginning | Walker | SB Harbor | $120/$150/$180 | Sat | 12:00-3:00pm | April 13 - May 11**
Sailing - Session 2 | Beginning | Walker | SB Harbor | $120/$150/$180 | Sat | 12:00-3:00pm | May 18 - June 8
Tennis - Session 1 | Beg-Int | Gerstenfeld | RC Courts | $44/$48 | Tue | 6:00-7:00pm | April 9 - April 30
Tennis - Session 2 | Beg-Int | Gerstenfeld | RC Courts | $44/$48 | Tue | 6:00-7:00pm | May 7 - May 28

Sailing

Fees = Student / Faculty + Staff / Community

@ucsb_recreation

V3: 3/4/19

Register online at recreation.ucsb.edu or at the Customer Service Center

Gaucho REC

Spring 2019

805.893.3738
gaucho@recreation.ucsb.edu

Recreation and Exercise Classes

Learn a new skill, fine tune an old one, or simply keep in shape with the Department of Recreation’s Gaucho REC program. Classes are open to UCSB students, faculty, staff, alumni, affiliates and community members (age restrictions do apply). Classes do not meet April 21 or May 27. Schedule is subject to change. Learn more and see all current schedules online at recreation.ucsb.edu.

RC = Recreation Center | RG = Rob Gym | FC = Fitness Center | Fees = Student/Non Student

Aquatics

Class | Instructor | Location | Fee | Day | Time | Date(s)
--- | --- | --- | --- | --- | --- | ---
Log Rolling | Miles-Dutton | RC Pool | FREE | Fri | 2:00-4:00pm | April 5 - June 7
Masters Swim | Abrami/Stori | RC Pool | $100/$130 / Quarter | Mon-Friday | 12:00-1:00pm | May 7 - May 27
Youth Swim Lessons (Group and Private) | Swim Instructor | RC Pool | $50-$100 | Sun | 1:00-4:00pm | April 7 - May 12*
Water Fitness | Miles-Dutton | RC Pool | $50/$54 | Mon/Wed/Fri | 12:10-12:50pm | April 1 - June 3**

Youth Swim Lessons

Fee includes five, 30 minute lessons. See website for details on child age and skill requirements. For Aquatic inquiries, contact swimlessons@recreation.ucsb.edu.

Arts & Crafts

Class | Instructor | Location | Fee | Day | Time | Date(s)
--- | --- | --- | --- | --- | --- | ---
Pottery | Beginning | Venaas | RC Pottery Studio | $65/$85/$100 | Mon | 2:00-4:00pm | April 8 - June 3*
Pottery | Beginning | Venaas | RC Pottery Studio | $65/$85/$100 | Tue | 7:00-9:00pm | April 9 - May 28
Pottery | Beginning | Venaas | RC Pottery Studio | $65/$85/$100 | Wed | 7:00-9:00pm | April 10 - May 29
Pottery | Beginning | Venaas | RC Pottery Studio | $65/$85/$100 | Thu | 7:00-9:00pm | April 11 - May 30
Pottery | Beginning | Venaas | RC Pottery Studio | $65/$85/$100 | Fri | 2:00-4:00pm | April 12 - May 31
Pottery | Advanced | Venaas | West Campus Kiln | $75/$145/$170 | Sat | 1:00-4:00pm | April 13 - June 1
Pottery | Drop In-Adv | Venaas | West Campus Kiln | $45/$115/$135 | Fri | 1:00-4:00pm | April 12 - May 31
Pottery | Drop In-Inter | Venaas | RC Pottery Studio | $45/$115/$135 | Sat | 10:00am-12:00pm | April 13 - June 1
Pottery | Drop In | Venaas | RC Pottery Studio | $45/$115/$135 | Mon | 7:00-9:00pm | April 8 - June 3*
Pottery | Drop In | Venaas | RC Pottery Studio | $45/$115/$135 | Tue | 2:00-4:30pm | April 9 - May 28
Pottery | Drop In | Venaas | RC Pottery Studio | $45/$115/$135 | Wed | 2:00-4:30pm | April 10 - May 29
Weaving | Beginning | Ford | RG 2227 | $140/$145 | Mon | 5:30-8:30pm | April 8 - June 3*
Weaving | Beginning | Ford | RG 2227 | $140/$145 | Wed | 5:30-8:30pm | April 10 - May 29
Weaving | Lab | Ford | RG 2227 | $40/$45 | Tue | 5:30-8:30pm | April 9 - May 28

Pottery

Advanced Pottery classes require permission by instructor. There is a $35.00 material fee. Additional clay is $25.00. No firing of outside work, no outside clay, no commercial production. 2.5 cubic ft of firing included per quarter. A limit of 5 cubic ft of total firing space is available to each person per quarter (please note this is NOT per class). Fees = Student / Faculty + Staff / Community

Weaving

Weaving has a $35.00 materials fee. Students must be concurrently enrolled in a Beginning Weaving class to take the Weaving Lab.

Classes are open to UCSB students, faculty, staff, alumni, affiliates and community members (age restrictions do apply). Classes do not meet April 21 or May 27. Schedule is subject to change. Learn more and see all current schedules online at recreation.ucsb.edu.

@ucsb_recreation

Register online at recreation.ucsb.edu or at the Customer Service Center
## Certification Classes

<table>
<thead>
<tr>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult CPR/AED with First Aid</td>
<td>RG 2111</td>
<td>$70/$74</td>
<td>Sat</td>
<td>9:00am-2:00pm</td>
<td>April 20</td>
</tr>
<tr>
<td>Adult CPR/AED with First Aid</td>
<td>RG 2111</td>
<td>$70/$74</td>
<td>Sat</td>
<td>9:00am-2:00pm</td>
<td>May 11</td>
</tr>
<tr>
<td>Babysitting</td>
<td>RG 2111</td>
<td>$75/$79</td>
<td>Sat</td>
<td>9:00am-6:00pm</td>
<td>April 6</td>
</tr>
<tr>
<td>Lifeguard Training</td>
<td>RG 2111/Pool Deck</td>
<td>$195/$199</td>
<td>Mon</td>
<td>6:00pm-7:00pm</td>
<td>May 20</td>
</tr>
<tr>
<td>Lifeguard Review</td>
<td>RG 2111/Pool</td>
<td>$125/$129</td>
<td>Fri</td>
<td>4:00pm-8:00pm</td>
<td>April 26</td>
</tr>
<tr>
<td>Water Safety Instructor</td>
<td>RG 2111/Pool</td>
<td>$195/$199</td>
<td>Mon/Wed</td>
<td>4:00pm-8:00pm</td>
<td>May 6 and 8</td>
</tr>
<tr>
<td>Lifeguard Training</td>
<td>Pool/SG 2111</td>
<td>$125/$129</td>
<td>Sat</td>
<td>9:00am-6:00pm</td>
<td>April 27</td>
</tr>
<tr>
<td>Water Safety Instructor</td>
<td>RG 2111</td>
<td>$195/$199</td>
<td>Mon/Wed/Fri</td>
<td>4:00pm-8:00pm</td>
<td>May 13, 15 and 17</td>
</tr>
<tr>
<td>Water Safety Instructor</td>
<td>RG 2111</td>
<td>$195/$199</td>
<td>Wed</td>
<td>4:00pm-8:00pm</td>
<td>May 20 and 22</td>
</tr>
<tr>
<td>Water Safety Instructor</td>
<td>RG 2111/Pool</td>
<td>$195/$199</td>
<td>Mon/Wed</td>
<td>4:00pm-8:00pm</td>
<td>May 29</td>
</tr>
</tbody>
</table>

*Prep Courses*

Prep courses do not include a certification exam.

## Dance

### No class May 27

<table>
<thead>
<tr>
<th>Class</th>
<th>Level</th>
<th>Instructor</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bachata</td>
<td>All Levels</td>
<td>Sanchez</td>
<td>RG 2320</td>
<td>$44/$48</td>
<td>Tue</td>
<td>6:00-7:00pm</td>
<td>April 9 - May 28</td>
</tr>
<tr>
<td>Ballet</td>
<td>Beginning</td>
<td>Raplogle-Purinton</td>
<td>RG 1430</td>
<td>$44/$48</td>
<td>Tue</td>
<td>7:15-8:25pm</td>
<td>April 9 - May 28</td>
</tr>
<tr>
<td>Ballet</td>
<td>Beginning</td>
<td>Raplogle-Purinton</td>
<td>RG 1430</td>
<td>$44/$48</td>
<td>Fri</td>
<td>6:15-7:25pm</td>
<td>April 12 - May 31</td>
</tr>
<tr>
<td>Ballet</td>
<td>Intermediate-Advanced</td>
<td>Raplogle-Purinton</td>
<td>RG 1430</td>
<td>$44/$48</td>
<td>Tue</td>
<td>8:00-9:30pm</td>
<td>April 9 - May 28</td>
</tr>
<tr>
<td>Ballet</td>
<td>Intermediate-Advanced</td>
<td>Raplogle-Purinton</td>
<td>RG 1430</td>
<td>$44/$48</td>
<td>Mon</td>
<td>6:00-7:10pm</td>
<td>April 12 - May 31</td>
</tr>
<tr>
<td>Belly Dance</td>
<td>Intermediate</td>
<td>Cris Basimah</td>
<td>RG 2320</td>
<td>$44/$48</td>
<td>Thu</td>
<td>5:45-6:45pm</td>
<td>April 11 - May 30</td>
</tr>
<tr>
<td>Brazilian Dance</td>
<td>All Levels</td>
<td>Silva</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Tue</td>
<td>5:30-6:30pm</td>
<td>April 9 - May 28</td>
</tr>
<tr>
<td>Breakdance</td>
<td>Beginning</td>
<td>Yan</td>
<td>RG 1410</td>
<td>$44/$48</td>
<td>Thu</td>
<td>8:00-9:00pm</td>
<td>April 11 - May 30</td>
</tr>
<tr>
<td>New! Contemporary</td>
<td>All Levels</td>
<td>Schmidhouser</td>
<td>RG 1430</td>
<td>$44/$48</td>
<td>Mon</td>
<td>6:00-7:00pm</td>
<td>April 8 - June 3</td>
</tr>
<tr>
<td>Cotillion</td>
<td>All Levels</td>
<td>Cotillion Club</td>
<td>RG 2320</td>
<td>$22/$24</td>
<td>Tue/Thu</td>
<td>9:15-10:30pm</td>
<td>April 9 - May 30</td>
</tr>
<tr>
<td>New! Hip Hop</td>
<td>Beginning</td>
<td>Ono</td>
<td>RG 2320</td>
<td>$44/$48</td>
<td>Tue</td>
<td>7:00-8:00pm</td>
<td>April 8 - May 30</td>
</tr>
<tr>
<td>New! Contemporary</td>
<td>All Levels</td>
<td>Nishikawa</td>
<td>RG 1430</td>
<td>$44/$48</td>
<td>Wed</td>
<td>6:00-7:00pm</td>
<td>April 10 - May 29</td>
</tr>
<tr>
<td>Hoop Dance</td>
<td>All Levels</td>
<td>Carano</td>
<td>RG 2320</td>
<td>$44/$48</td>
<td>Wed</td>
<td>7:15-8:15pm</td>
<td>April 10 - May 29</td>
</tr>
<tr>
<td>Jitterbug Swing</td>
<td>Beginning-Intermediate</td>
<td>Carlan</td>
<td>RG 1410</td>
<td>$44/$48</td>
<td>Tue</td>
<td>6:00-7:15pm</td>
<td>April 9 - May 28</td>
</tr>
<tr>
<td>Salsa Dance</td>
<td>Beginning</td>
<td>Sanchez</td>
<td>RG 2320</td>
<td>$44/$48</td>
<td>Tue</td>
<td>7:00-8:00pm</td>
<td>April 9 - May 28</td>
</tr>
<tr>
<td>Salsa Dance</td>
<td>Intermediate-Advanced</td>
<td>Sanchez</td>
<td>RG 2320</td>
<td>$44/$48</td>
<td>Tue</td>
<td>8:00-9:00pm</td>
<td>April 9 - May 28</td>
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</tbody>
</table>

## Enrichment

### American Sign Language

<table>
<thead>
<tr>
<th>Level</th>
<th>Instructor</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
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<tbody>
<tr>
<td>Level 1</td>
<td>Brody</td>
<td>RC 1501</td>
<td>$44/$48</td>
<td>Wed</td>
<td>5:30-6:50pm</td>
<td>April 10 - May 29</td>
</tr>
<tr>
<td>Level 2</td>
<td>Brody</td>
<td>RC 1501</td>
<td>$44/$48</td>
<td>Wed</td>
<td>7:00-8:20pm</td>
<td>April 10 - May 29</td>
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### Beer 101

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>21+</td>
<td>RG 2128</td>
<td>$44/$48</td>
<td>Thu</td>
<td>5:00-6:00pm</td>
<td>April 11 - May 30</td>
</tr>
<tr>
<td>Intermediate</td>
<td>RG 2128</td>
<td>$44/$48</td>
<td>Thu</td>
<td>6:00-7:00pm</td>
<td>April 11 - May 30</td>
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</table>

### Persian Percussion

<table>
<thead>
<tr>
<th>Level</th>
<th>Instructor</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Levels</td>
<td>Pouian</td>
<td>RG 1410</td>
<td>$44/$48</td>
<td>Wed</td>
<td>6:30-7:30pm</td>
<td>April 10 - May 29</td>
</tr>
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</table>

### Tasting Wine

<table>
<thead>
<tr>
<th>Ages</th>
<th>Instructor</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>21+</td>
<td>Ota</td>
<td>RG 1501</td>
<td>$70/$74</td>
<td>Thu</td>
<td>5:00-6:45pm</td>
<td>April 11 - May 16</td>
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</tbody>
</table>

### Beer 101 and Tasting Wine

Online registration not available, participants must register in person at the Customer Service Center and show ID to verify age.

## Faculty/Staff Wellness & Fitness

### Fit For Life

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ortiz</td>
<td>EAP Office - Hollister</td>
<td>$42</td>
<td>Mon/Wed</td>
<td>12:05-12:55pm</td>
<td>April 1 - June 12</td>
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### L.I.F.E. Circuit Class

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ortiz/Gage</td>
<td>Pavilion Gym/MAC Court</td>
<td>$42</td>
<td>Tue/Thu</td>
<td>12:05-12:55pm</td>
<td>April 2 - June 13</td>
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### L.I.F.E. / Fit For Life (All Access Combo)

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ortiz/Gage</td>
<td>Varies</td>
<td>$56</td>
<td>Mon-Thu</td>
<td>12:05-12:55pm</td>
<td>April 1 - June 13</td>
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</table>

## Martial Arts & Self Defense

### No class May 27

### No class April 21

<table>
<thead>
<tr>
<th>Class</th>
<th>Level</th>
<th>Instructor</th>
<th>Location</th>
<th>Fee</th>
<th>Day</th>
<th>Time</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aikido</td>
<td>Beginning</td>
<td>Ota</td>
<td>RG 2120/2320</td>
<td>$44/$48</td>
<td>Mon/Fri</td>
<td>8:00-9:00pm</td>
<td>April 8 - June 3</td>
</tr>
<tr>
<td>Aikido</td>
<td>Int-Adv</td>
<td>Ota</td>
<td>RG 2120/2320</td>
<td>$44/$48</td>
<td>Mon/Fri</td>
<td>7:00-8:00pm</td>
<td>April 8 - June 3</td>
</tr>
<tr>
<td>Brazilian Jiu-Jitsu</td>
<td>Beginning</td>
<td>Moreno</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Tue</td>
<td>7:45-8:45pm</td>
<td>April 9 - May 28</td>
</tr>
<tr>
<td>Brazilian Jiu-Jitsu</td>
<td>Beginning</td>
<td>Moreno</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Wed</td>
<td>7:00-8:00pm</td>
<td>April 9 - May 29</td>
</tr>
<tr>
<td>Brazilian Jiu-Jitsu</td>
<td>Advanced-Gi only</td>
<td>Moreno</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Tue</td>
<td>8:45-10:45pm</td>
<td>April 9 - May 29</td>
</tr>
<tr>
<td>Brazilian Jiu-Jitsu</td>
<td>Advanced-Gi only</td>
<td>Moreno</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Wed</td>
<td>8:00-9:00pm</td>
<td>April 10 - May 29</td>
</tr>
<tr>
<td>Brazilian Jiu-Jitsu</td>
<td>Competition Team</td>
<td>Moreno</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Sat</td>
<td>3:00-5:00pm</td>
<td>April 13 - June 1</td>
</tr>
<tr>
<td>Capoeira</td>
<td>All Levels</td>
<td>Silva</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Tue</td>
<td>6:30-7:30pm</td>
<td>April 9 - May 28</td>
</tr>
<tr>
<td>Filipino Kali &amp; Eskrima</td>
<td>All Levels</td>
<td>Holm</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Sun</td>
<td>10:00am-12:00pm</td>
<td>April 14 - June 9</td>
</tr>
<tr>
<td>Kendo</td>
<td>Beginning</td>
<td>Hashimoto</td>
<td>RG 2120</td>
<td>$44/$48</td>
<td>Sat</td>
<td>1:30-3:00pm</td>
<td>April 13 - June 1</td>
</tr>
</tbody>
</table>
| Tae Kwon Do | All Levels | Gans | RG 2120/2320 | $44/$48 | Wed/Sun | 6:00-7:00pm | April 10 - June 9 **

Register online at recreation.ucsb.edu or at the Customer Service Center.
**Certification Classes**

Participants must attend ALL classes and pass tests to receive certification. Lifeguard Training also includes CPR and First Aid.

Prep Courses
Prep courses do not include a certification exam.

**Dance**  *No class May 27*

**Enrichment**

**Faculty/Staff Wellness & Fitness**

**Martial Arts & Self Defense**  *No class May 27   **No class April 21*
Spring 2019

Recreation and Exercise Classes

Learn a new skill, fine tune an old one, or simply keep in shape with the Department of Recreation's Gaucho REC program. Classes are open to UCSB students, faculty, staff, alumni, affiliates and community members (age restrictions do apply). Classes do not meet April 21 or May 27. Schedule is subject to change. Learn more and see all current schedules online at recreation.ucsb.edu.

RC = Recreation Center  |  RG = Rob Gym  |  FC = Fitness Center  |  Fees = Student/Non Student

Aquatics  *No class April 21  **No class April 12 or May 27

Class  Instructor  Location  Fee  Day  Time  Date(s)
Log Rolling  Miles-Dutton  RC Pool  FREE  Fri  2:00-4:00pm  April 5 - June 7

Masters Swim  Abrami/Stori  RC Pool  $100/$130 / Quarter  Mon-Friday  12:00-1:00pm  April 1 - June 3
Water Fitness  Miles-Dutton  RC Pool  $50/$54  Mon/Wed/Fri  12:10-12:50pm  April 1 - June 3**

Youth Swim Lessons (Group and Private)  Swim Instructor  RC Pool  $50-$100  Sun  1:00-4:00pm  April 7 - May 12*

Youth Swim Lessons  Fee includes five, 30 minute lessons. See website for details on child age and skill requirements. For Aquatic inquiries, contact swimlessons@recreation.ucsb.edu.

Arts & Crafts  *No class May 27

Class  Instructor  Location  Fee  Day  Time  Date(s)
Pottery  Beginning  Venaas  RC Pottery Studio  $65/$85/$100  Mon  2:00-4:00pm  April 8 - June 3*

Pottery  Beginning  Venaas  RC Pottery Studio  $65/$85/$100  Wed  7:00-9:00pm  April 9 - May 28

Pottery  Beginning  Venaas  RC Pottery Studio  $65/$85/$100  Thu  7:00-9:00pm  April 11 - May 30

Pottery  Beginning  Venaas  RC Pottery Studio  $65/$85/$100  Fri  7:00-9:00pm  April 12 - May 31

Pottery  Intermediate  Venaas  RC Pottery Studio  $65/$85/$100  Mon  2:00-4:00pm  April 8 - May 28

New! Pottery  Drop-In-Adv  Venaas  RC Pottery Studio  $45/$115/$135  Fri  1:00-4:00pm  April 12 - May 31

New! Pottery  Drop-In-Intermediate  Venaas  RC Pottery Studio  $45/$115/$135  Sat  10:00am-12:00pm  April 13 - June 1

New! Pottery  Drop-In  Venaas  RC Pottery Studio  $45/$115/$135  Mon  7:00-9:00pm  April 8 - June 3*

Pottery  Drop-In  Venaas  RC Pottery Studio  $45/$115/$135  Tue  2:00-4:00pm  April 9 - May 28

Pottery  Drop-In  Venaas  RC Pottery Studio  $45/$115/$135  Wed  2:00-4:00pm  April 10 - May 29

Weaving  Beginning  Ford  RG 2227  $140/$145  Mon  5:30-8:30pm  April 8 - June 3*

Weaving  Beginning  Ford  RG 2227  $140/$145  Wed  5:30-8:30pm  April 10 - May 29

Weaving  Lab  Ford  RG 2227  $40/$45  Tue  5:30-8:30pm  April 9 - May 28

Pottery  Advanced Pottery classes require permission by instructor. There is a $35.00 material fee. Additional clay is $25.00. No firing of outside work, no outside clay, no commercial production. 2.5 cubic ft of firing included per quarter. A limit of 5 cubic ft of total firing space is available to each person per quarter (please note this is NOT per class). Fees = Student / Faculty + Staff / Community

Weaving  Weaving has a $35.00 materials fee. Students must be concurrently enrolled in a Beginning Weaving class to take the Weaving Lab.

*No class May 27
**No class April 21

Mind & Body  *No class May 27

Class  Level  Instructor  Location  Fee  Day  Time  Date(s)
Massage  All Levels  Ernst  RG 1410  $44/$48  Tue  7:30-9:00pm  April 9 - May 28

Pilates - Chair  Sculpt  Gage  RG 1410  $80/$84  Mon  5:10-6:00pm  April 8 - June 3*

Pilates - Chair  Sculpt  Gage  RG 1410  $80/$84  Wed  5:10-6:00pm  April 10 - May 29

Pilates - Mat  Core and More  Guthrie  RG 1430  $50/$54  Tue  5:10-6:00pm  April 9 - May 28

Pilates - Mat  Core and More  Guthrie  RG 1430  $50/$54  Thu  5:10-6:00pm  April 11 - May 30

Yoga  Sunset Flow  Metz  Pavilion Gym  $44/$48  Mon  5:15-6:30pm  April 8 - June 3*

Yoga  Hatha Mainstream  Kova  RG 1430  $44/$48  Mon  7:15-8:30pm  April 8 - June 3*

Yoga  Refresh + Restore  Noland  RG 1410  $44/$48  Tue  12:00-1:15pm  April 9 - May 28

Yoga  Strong + Stretchy  Hassenmer  Pavilion Gym  $44/$48  Tue  5:15-6:30pm  April 9 - May 28

Yoga  Hatha Mainstream  Kova  RG 1430  $44/$48  Wed  12:00-1:30pm  April 10 - May 29

Yoga  Strong Flow  Bluestone  Pavilion Gym  $44/$48  Wed  5:15-6:30pm  April 10 - May 29

Yoga  Living Flow  Sampila  RG 1430  $44/$48  Wed  7:15-8:30pm  April 10 - May 29

Yoga  LivingFlow  Sampila  RG 1430  $44/$48  Thu  12:00-1:00pm  April 11 - May 30

Yoga  Refresh + Restore  Noland  Pavilion Gym  $44/$48  Thu  5:15-6:30pm  April 11 - May 30

Yoga  Lunch Break Flow  Ment  RG 1410  $44/$48  Fri  12:00-1:00pm  April 12 - May 31

Yoga  Vinyasa Flow  Bluestone  RG 1410  $44/$48  Sat  11:00-12:00pm  April 13 - June 1

Pilates / Yoga

There is a limited amount of yoga mats available for checkout so participants are encouraged to bring their own.

Sports  *No class May 27  **No class April 20

Class  Level  Instructor  Location  Fee  Day  Time  Date(s)
Indoor Rowing  All Levels  Gorman  RG 2120  $74/$79  Mon/Wed  12:30-1:30pm  April 8 - June 3*

Olympic Weight Lifting  All Levels  Yang  MAC  $120/$124  Tue  8:00am-9:00am  April 2 - June 11

Olympic Weight Lifting  All Levels  Yang  MAC  $120/$124  Thu  8:00am-9:00am  April 4 - June 13

Sailing - Session 1  Beginning  Walker  SB Harbor  $120/$150/$180  Sat  12:00-3:00pm  April 13 - May 11**

Sailing - Session 2  Beginning  Walker  SB Harbor  $120/$150/$180  Sat  12:00-3:00pm  May 18 - June 8

Tennis - Session 1  Beg-Int  Gatenfeld  RC Courts  $44/$48  Tue  6:00-7:00pm  April 9 - April 30

Tennis - Session 2  Beg-Int  Gatenfeld  RC Courts  $44/$48  Tue  6:00-7:00pm  May 7 - May 28

Sailing

Fees= Student / Faculty + Staff / Community