

Special EVENTS

Spring 2018

APR
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Warm Up at the Rec

8PM - 12AM | MAC

The Department of Recreation and Office of Student Life have partnered to host an awesome night of rollerskating, music, food and prizes! Enjoy free pizza, jam out to great music, and skate into the Spring Quarter.

In collaboration with Office of Student Life

APR
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Mindful Monday

5 - 6:30PM | SCIENCE GREEN

Each quarter, a mindful activity and specialized instructor is featured at Mindful Mondays. De-stress by engaging in new activities like yoga, tai chi, acroyoga, motivational speaker sessions, and more. Join in and try something new, because there is no experience necessary!

In collaboration with UCSB Health & Wellness

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Yoga Nights

7:30PM | PAVILION GYM

Each quarter, the Department of Recreation and Life of the Party host Yoga Nights, a free evening yoga class offered to students to help them de-stress, recharge, and get zenned! With free food, prize giveaways, and interactive socials, this is not your average yoga class. No experience is necessary in this friendly environment! A student ID is required for entry and limited supply of yoga mats will be available.

In collaboration with Life of the Party

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Welcome Back Track

PAULEY TRACK

We're welcoming back Pauley Track! Come out to celebrate the complete refurbishment of this historic campus facility. Be a part of the first inaugural mile walk/run, followed by healthy snacks and our first intramural track and field event!

In collaboration with UCSB Intercollegiate Athletics

APR
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36th Annual Alumni Softball Tournament

9AM - 3PM | STORKE FIELD

Students, staff, faculty, and alumni are invited to slip on their softball gloves and step into the batter's box. The annual one-pitch softball tournament provides an opportunity for current Gauchos to connect with alum through fun and sport. Grab your friends and register a team this year to compete for the coveted championship title! Learn more and register online by Tuesday, April 24th.

MAY
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UC Walks

12 - 1PM | MEET AT CAMPBELL PLAZA

You are invited to walk it out at the 9th Annual UC Walks. Join in some light stretching at 12pm led by a nationally Certified Personal Trainer then enjoy a 30-40 minute walk. Join faculty & staff for this UC wide walking event, as we take a break and walk for good health!

MAY
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IM Gaucho Cup

11:30AM - 4:30PM | RC FIELDS 1 - 3

We're getting into the World Cup spirit and hosting our very own soccer tournament! No need to be a pro! All skill levels welcome to play in our 4v4 short sided tournament, participate in skills competitions and games, hang out, snack, and more!

Learn more at RECREATION.UCSB.EDU or at our Customer Service Center!

For questions, contact ashley.marsh@recreation.ucsb.edu

The logo for the Department of Recreation at UCSB. It features the letters 'UCSB' in a bold, dark blue font on the left. To the right of 'UCSB' is a stylized flame icon in yellow and orange. To the right of the flame is the text 'Department of Recreation' in a dark blue, sans-serif font, with 'Department of' on the top line and 'Recreation' on the bottom line.