

Group FIT & CYCLE

Summer 2019

GROUP FIT SCHEDULE

Group Fitness All Access Pass
 Session A: June 24-August 4
 Session B: August 5-September 14
 Rob Gym 1430

Students: \$50/per session
 Non-Students: \$55/per session
 Community: \$65/per session

MON	TUE	WED	THUR	FRI	SUN
					11:30-12:20pm Pump + Abs Ryan
12:05-12:55pm Hip Hop Barre Alex	12:05-12:55pm Circuit Ryan	12:05-12:55pm HIIT Alex	12:05-12:55pm Pump + Abs Ryan	12:05-12:55pm Booty Camp Kelly	12:30-1:20pm Cardio Kickboxing Ryan
4:10-5:00pm Chisel & Sculpt Jo	4:10-5:00pm Pump + Plyos Ryan	4:10-5:00pm Chisel & Sculpt Jo	4:10-5:00pm HIIT Ryan	4:10-5:00pm Foam & Flex Ryan	
5:05-5:55pm Cardio Blast Jo		5:05-5:55pm Cardio Blast Jo			

GROUP CYCLE SCHEDULE

The Group Cycle All Access
 Session A: June 24-August 4
 Session B: August 5-Sept. 14
 Rob Gym 1125

Students: \$50/per session
 Non-Students: \$55/per session
 Community: \$65/per session

MON	TUE	WED	THUR
7:00-7:50am* Indoor Cycling Noelia	7:00-7:50am* Indoor Cycling Geneve	7:00-7:50am* Indoor Cycling Noelia	7:00-7:50am* Indoor Cycling Geneve
12:05-12:55pm Indoor Cycling Alisa		12:05-12:55pm Indoor Cycling Alisa	
5:00-5:50pm Indoor Cycling Alisa	5:00-5:50pm Indoor Cycling Ryan	5:00-5:50pm Indoor Cycling Alisa	5:00-5:50pm Indoor Cycling Ryan

Purchase a Group Fitness or Group Cycle All Access Pass online at recreation.ucsb.edu or in person at the Recreation Customer Service Center.

UC SANTA BARBARA
 Department of Recreation

Classes do not meet on Thursday July 4th or Monday September 2nd.

Schedules and instructors are subject to change without notice.
 For questions, contact findyourfit@recreation.ucsb.edu.