

Recreation and Exercise Classes

Learn a new skill, fine tune an old one, or simply keep in shape with the Department of Recreation's GaUCHO REC program. Classes are open to UCSB students, faculty, staff, alumni, affiliates and community members (age restrictions do apply). Classes do not meet July 4th or September 2nd. Schedule is subject to change. Learn more and see all current schedules online at recreation.ucsb.edu.

RC = Recreation Center | RG = Rob Gym | FC = Fitness Center | Fees = Student/Non Student

Aquatics *No class July 4

Class	Instructor	Location	Fee	Day	Time	Dates
Masters Swim	Abrami/Stori	RC Pool	\$100/\$130 / Quarter \$40/\$50 / Month	Mon-Fri	12:00-1:00pm	July-September
Youth Swim Lessons (Group and Private)	Swim Instructor	RC Pool	\$75 Group/ \$200 Private	Mon-Fri	varies	June 24-Aug 16
Water Fitness	Miles-Dutton	RC Pool	\$45/\$49	Tue/Thu	12:10-12:50pm	June 11- Aug 1

Youth Swim Lessons

See website for specific session dates, age restrictions and skill levels. Lessons run for two week blocks, 25 minutes each day. For Aquatic inquiries, contact swimlessons@recreation.ucsb.edu.

Arts & Crafts *No class July 4

Class	Level	Instructor	Location	Fee	Day	Time	Dates
Pottery	Beginning	Venaas	RC Pottery Studio	\$65/\$85/\$100	Tue	7:00-9:00pm	June 25-August 13
Pottery	Beginning	Venaas	RC Pottery Studio	\$65/\$85/\$100	Wed	2:00-4:00pm	June 26-August 14
Pottery	Beginning	Venaas	RC Pottery Studio	\$65/\$85/\$100	Thu	7:00-9:00pm	June 27-August 22*
Pottery	Advanced	Venaas	West Campus Kiln	\$75/\$145/\$170	Sat	1:00-4:00pm	June 29-August 17
Pottery	Drop In-Adv	Venaas	West Campus Kiln	\$45/\$115/\$135	Fri	1:00-4:00pm	June 28-August 16
Pottery	Drop In	Venaas	RC Pottery Studio	\$45/\$115/\$135	Tue	2:00-4:00pm	June 25-August 13
Pottery	Drop In	Venaas	RC Pottery Studio	\$45/\$115/\$135	Wed	7:00-9:00pm	June 26-August 14
Pottery	Drop In	Venaas	RC Pottery Studio	\$45/\$115/\$135	Thu	2:00-4:00pm	June 27-August 22*

Pottery

Advanced Pottery classes require permission by instructor. There is a \$35.00 material fee. Additional clay is \$25.00. No firing of outside work, no outside clay, no commercial production. 2.5 cubic ft of firing included per quarter. A limit of 5 cubic ft of total firing space is available to each person per quarter (please note this is NOT per class). Fees = Student / Faculty + Staff / Community

Follow us to receive updates on more upcoming classes and events!

@ucsb_recreation



Certification Classes

Class	Location	Fee	Day	Location	Date(s)
Adult CPR/AED with First Aid	RC 1501	\$70/\$74	Sat	9:00am-2:00pm	June 22
Adult CPR/AED with First Aid	RC 1501	\$70/\$74	Sat	9:00am-2:00pm	July 27
Adult CPR/AED with First Aid	RC 1501	\$70/\$74	Sat	9:00am-2:00pm	August 10
Adult CPR/AED with First Aid	RC 1501	\$70/\$74	Sat	9:00am-2:00pm	September 14
Babysitting	RC 1501	\$75/\$79	Sat	9:00am-6:00pm	August 3
Lifeguard Training	RC 1501/Pool Deck	\$195/\$199	Mon-Wed	9:00am-6:00pm	June 17-June 19
Lifeguard Review	Pool/RC 1501	\$125/\$129	Fri Sat	4:00pm-8:00pm 9:00am-6:00pm	June 28 & 29

Lifeguard Training

Participants must attend ALL classes and pass tests to receive certification. Lifeguard Training also includes CPR and First Aid.

Dance

*No class July 4

Class	Level	Instructor	Location	Fee	Day	Time	Dates
Ballet	Beginning/Intermediate	Replogle-Purinton	RG 1430	\$22/\$24	Wed	7:30-8:45pm	June 26-July 17
Belly Dance	Beginning	Cris Basimah	RG 1430	\$22/\$24	Tue	5:45-6:45pm	June 25-July 16
Brazilian Dance	All Levels	Silva	RG 2120	\$44/\$48	Tue	5:30-6:30pm	June 25-August 13
Breakdance	Beginning	Yan	RG 1410	\$44/\$48	Thu	8:00-9:00pm	June 27-August 22*
Contemporary	All Levels	Schmidhouser	RG 1410	\$33/\$37	Mon	6:15-7:15pm	June 24-July 29
Hoop Dance	All Levels	Carano	RG 2320**	\$22/\$24	Wed	7:15-8:15pm	July 24-August 14
Jitterbug Swing	Beginning/Intermediate	Carlan	RG 2320	\$33/\$37	Mon	6:15-7:30pm	June 24-July 29

**Hoop Dance will take place in RG 1410 on 8/7/19

Enrichment

*No class July 4

Class	Level	Instructor	Location	Fee	Day	Time	Dates
American Sign Language	Level 1	Brody	RC 1501	\$33/\$37	Wed	5:30-6:50pm	June 26-July 31
American Sign Language	Level 2	Brody	RC 1501	\$33/\$37	Wed	7:00-8:20pm	June 26-July 31
New! Insider's Guide to Cider	Ages 21+	Yaeger	RC 1501	\$75/\$90	Tue	5:30-7:30pm	July 9, 16 & 23
Guitar	Beginning	Miles	RC 2128	\$33/\$37	Thu	5:00-6:00pm	June 27-August 8*
Guitar	Inter-Adv	Miles	RC 2128	\$33/\$37	Thu	6:00-7:00pm	June 27-August 8*

Insider's Guide to Cider

Online registration not available, participants must register in person at the Customer Service Center and show ID to verify age.

Faculty/Staff Wellness & Fitness

*No class July 4 or September 2

Class	Instructor	Location	Fee	Day	Time	Dates
Fit For Life	Ortiz	EAP Office - Hollister	\$48	Mon/Wed	12:05-12:55pm	June 24-Sept. 11*
Fit For Life	Gage	Pavilion Gym	\$48	Mon/Wed	12:05-12:55pm	June 24-Sept. 11*
L.I.F.E. Circuit Class	Ortiz	Pavilion Gym/MAC Court	\$48	Tue/Thu	12:05-12:55pm	June 25-Sept. 12*
L.I.F.E. / Fit For Life (All Access Combo)	Ortiz/Gage	Varies	\$62	Mon-Thu	12:05-12:55pm	June 24-Sept. 12*

Martial Arts & Self Defense

*No class July 4

Class	Level	Instructor	Location	Fee	Day	Time	Dates
Aikido	Beginning	Ota	RG 2120/2320	\$33/\$37	Mon/Fri	7:00-8:00pm	June 24-August 2
Aikido	Int-Adv	Ota	RG 2120/2320	\$33/\$37	Mon/Fri	6:00-7:00pm	June 24-August 2
Capoeira	All Levels	Silva	RG 2120	\$44/\$48	Tue	6:30-7:30pm	June 25-August 13
New! Kickboxing	Beginning	Clark	RG 2320	\$44/\$48	Tue	6:00-7:30pm	June 25-August 13
New! Kickboxing	Intermediate	Clark	RG 2320**	\$44/\$48	Sun	5:00-7:00pm	June 30-August 18
New! Kickboxing	Advanced	Clark	RG 2320**	\$44/\$48	Thu	5:30-7:00pm	June 27-August 22*
Tae Kwon Do	All Levels	Gans	RG 2320/2120**	\$44/\$48	Wed/Sun	6:00-7:00pm	June 26-August 18

**Kickboxing will take place in RG 1430 on 8/8/19 & 8/11/19 - Tae Kwon Do will take place in RG 1430 on 8/8/19

Mind & Body

*No class July 4 or September 2

Class	Level	Instructor	Location	Fee	Day	Time	Dates
Pilates - Chair	Sculpt	Gage	RG 1410	\$60/\$64	Mon	5:10-6:00pm	June 24-July 29
Pilates - Chair	Sculpt	Gage	RG 1410	\$60/\$64	Mon	5:10-6:00pm	August 5-Sept 16*
Pilates - Chair	Sculpt	Gage	RG 1410	\$60/\$64	Wed	5:10-6:00pm	June 26-July 31
Pilates - Chair	Sculpt	Gage	RG 1410	\$60/\$64	Wed	5:10-6:00pm	August 7-Sept 11
Yoga	Strong Flow	Bluestone	RG 1430	\$44/\$48	Mon	6:10-7:10pm	June 24-August 12
Yoga	Sunset Flow	Sampila	RG 1430	\$33/\$37	Mon	7:30-8:45pm	June 24-July 29
Yoga	Hatha Mainstream	Kova	RG 1410	\$44/\$48	Wed	12:10-1:30pm	June 26-August 14
Yoga	Strong Flow	Bluestone	RG 1430	\$44/\$48	Wed	6:10-7:10pm	June 26-August 14
Yoga	Lunch Break Flow	Sampila	RG 1410	\$33/\$37	Thu	12:10-1:10pm	June 27-August 8*

Pilates / Yoga

There is a limited amount of yoga mats available for checkout so participants are encouraged to bring their own.

Sports

Class	Level	Instructor	Location	Fee	Day	Time	Dates
Functional Training 101	All Levels	Hansten	RC Turf MAC	\$44/\$48	Mon Wed	5:00-5:50pm	June 24-July 31
Functional Training 101	All Levels	Hansten	RC Turf MAC	\$44/\$48	Tue Thu	5:00-5:50pm	June 25-Aug 1
Functional Training 101	All Levels	Hansten	RC Turf MAC	\$44/\$48	Mon Wed	5:00-5:50pm	August 5-Sept 11
Functional Training 101	All Levels	Hansten	RC Turf MAC	\$44/\$48	Tue Thu	5:00-5:50pm	August 6-Sept 12
Olympic Weight Lifting	All Levels	Yang	FC 2	\$80/\$84	Mon	8:00-9:00am	June 24-August 2
Olympic Weight Lifting	All Levels	Yang	FC 2	\$80/\$84	Wed	8:00-9:00am	August 7-Sept 11
Sailing - Session 1	Beginning	Walker	SB Harbor	\$120/\$150/\$180	Sat	10:00am-1:00pm	June 29-July 20
Sailing - Session 2	Beginning	Walker	SB Harbor	\$120/\$150/\$180	Sat	10:00am-1:00pm	July 27-August 17
Tennis - Session 1	All Levels	Gerstenfeld	RC Courts	\$44/\$48	Tue	6:00-7:00pm	June 25-July 16
Tennis - Session 2	All Levels	Gerstenfeld	RC Courts	\$44/\$48	Tue	6:00-7:00pm	July 23-August 13

Sailing

Fees= Student / Faculty + Staff / Community