UCSB Adventure Programs is excited to offer an amazing coastal exploration of the beaches, parks and scenic wonders which make the California coast a world into itself. On this trip you are sure to experience stunning landscapes, awe-inspiring trees, and great company! Culminating with a four day backpack of the Lost Coast Trail! Get your gear and cameras ready and prepare to immerse yourself in wild and natural California!

**Big Sur:** Your trip begins with a drive up along the beautiful coastline to camp for a night in Big Sur, known for its amazing views of the coast, heavily wooded redwood forests, and the crystal clear Big Sur River. We explore the coastal trails where you’ll find rolling green hills, several waterfalls, and wildflowers throughout.

**Point Reyes National Seashore and Humboldt Redwoods:** We will spend another day and night enjoying the beauty of the northern shoreline and the redwood forests.

**Lost Coast Trail:** Our amazing trip so far was just an appetizer for the Lost Coast Trail! We’ll Backpack through this pristine and untouched wilderness within the Kings Range National Conservation Area; the first of its kind, with stunning black sand beaches and beautiful old growth trails. Days are spent exploring the awesome Northern California coastline; home of seals, creeks, waterfalls, wildlife, and amazing vistas of the Pacific Ocean!

In order for your experience to be a pleasurable one, we ask that you thoroughly read the information in the handouts provided, including the **Itinerary, the General Trip Expectations** and follow the recommendations on the **Packing list.** You must supply your own lunches, money for road meals, and personal equipment. (Camping gear rentals are available ([http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals](http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals)) This trip requires that you be in good physical condition. Aside from carrying your own personal equipment, each person will be responsible for carrying some group food and group equipment.

Please feel free to contact the Adventure Center (805) 893-3737 if you need any additional information and/or our leaders have not contacted you seven days before departure date.

**Prerequisite:** The hike down the remote Northern California coast is moderately strenuous, especially with the weight of a backpack. Participants must be in **good physical condition** and **previous backpacking experience is REQUIRED.**

*Sample Itinerary:

- **Saturday**- Coastal drive from UCSB to Big Sur. Enjoy Sand Dollar beach! Camp at Plaskett Creek.
- **Sunday**- Drive to Point Reyes National Seashore. Hike into campsite. Camp for night.
- **Monday**- Hike out and drive to Humboldt Redwoods. Car camp for night. Explore Redwoods.
- **Tuesday**- Early rise, breakfast, pack up and drive to Mattole on California Coast. Lost Coast Trailhead. Shuttle van to end of trail. Gear check. Afternoon start the hike at low tide. Camp along beach at Cooskie Spur Creek.
- **Wednesday**- Casual wake up, breakfast, explore, pack up. Begin hiking at low tide along the Lost Coast Trail. Camp along beach at Big Flat.
- **Thursday**- Similar casual start and hike at low tide. Camp along beach at Horse Mtn Creek
- **Friday**- Pack up, explore, and morning hike overland to Needle Rock. Camp at Needle Rock.
- **Saturday**- Drive back along the California coast to TBD Coastal camping site.
- **Sunday**- Drive back along the California coast to UCSB.

* Please be flexible as itinerary is always subject to change due to weather, permits and life on the open road.
**Departure Location:** Service turnout near the east entrance of the Recreation Center and Adventure Rental Center.

**Departure Time:** Meet at 9:00 A.M. so we can load your personal equipment and leave by 10 A.M. As a courtesy to the group, please be prompt. If you are not there on time we will leave without you. No refunds for no shows.

**Approximate Drive Time:** Depends on the day. We drive from SB to Big Sur, Big Sur to Point Reyes, Point Reyes to Humboldt Forest, Humboldt Forest to Mattole. Needle Rock to SB!!! Longest drive will be the last day.

**Approximate Return Time:** 11 P.M. on Saturday depending on traffic.

**Unique Trip considerations:** Please be flexible as itinerary is always subject to change due to weather, permits and life on the open road.

The Lost Coast trail is a 24 mile backpacking trip along the pristine and remote Northern California coast which will be broken up into a very manageable 3-4 days. This trip **REQUIRES** that you be in good physical condition and have **multiday and overnight backpacking experience**. It can be a very challenging yet rewarding experience. Well-worn in hiking shoes or boots are a must. Please see packing list for details and heed the advice of the trip leaders.

**No Drugs or Alcohol:** University regulations and program policies do not allow alcohol or drugs on this trip. Thank you for your cooperation.

**Refund Policy:** Once an offering is **full**, you will be offered a refund (less **$20 service charge**) **only** if someone pays for your spot. If the offering is **NOT** full:

- **30 or more days** before the course date- Full refund less $20 processing fee.
- **29 to 8 days** before the course date- 50% refund less $20 processing fee.
- **Less than 8 days** before the course date- no refunds available.