Big Sur Camping

Packing List

Please use this list to help you properly prepare for your outing. Any questions concerning the trip itinerary or your equipment needs can be discussed with your trip leader(s) when they contact you approximately one week prior to the trip. If you have any questions or concerns prior to contact with the trip leader(s) call UCSB Adventure Programs at (805) 893-3737.

The items listed below as "REQUIRED" are necessary for your enjoyment and comfort. Do not substitute or exclude any "REQUIRED" items for your trip. Most of the equipment can be found in your own kitchen and closet. Please label your gear so it is easier to keep track. You can rent gear from our program if you need something on the required list (please visit http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals for rates).

You can expect the weather in Big Sur to vary and to be warm/hot in the daytime and cool/cold in the evenings. Winter is rainy and wet. Weather can take a turn for the worst at any time while visiting Big Sur; therefore, warm clothes, effective rain gear, good footwear, a tent and a warm sleeping bag are essential for you to enjoy this adventure.

**REQUIRED EQUIPMENT**

- Duffel Bag or Backpack (to carry your clothes and gear)
- Daypack (for day hikes and keeping with you in the van)
- Sleeping Bag (should be designed to keep you warm to a temperature of 20° F)
- Ground Pad (sleeping pad (Foam or Inflatable) that will insulate you from the cold ground)
- Tent with Rainfly (Required that you set it up and check it a number of days before the trip)
- Plastic Ground Sheet (to keep your tent/gear clean)
- Headlamp/Flashlight (with new batteries)
- Lunches
- Pocket Knife
- 1 Cup, 1 Bowl, 1 Plate, Fork and Spoon
- Personal Hygiene Items (Toothbrush, etc.)
- Hand Sanitizer
- Toilet Paper (w/ 4-5 large ziplock bags)
- Menstrual Supplies (see recommendations on trip expectations)
- Water Bottle(s) (at least 2 liters)
- $$ to Buy Road Meals, Snacks, Souvenirs, etc.
- Whistle
- Sunscreen (min rating of 30 SPF)
- Special First Aid supplies according to your specific needs
REQUIRED CLOTHING

While we are on trips, our levels of exertion change and so does the temperature. For this reason we suggest you use a layering system with your clothing. Start with a light layer. Then add more layers as it gets colder. The layers vary from 1 to 4 or 5 with the last layer being a waterproof layer which also keeps the wind out. You must always be prepared for rain or bad weather.

- Hiking Shoes or Sturdy Tennis Shoes with Good Ankle Support
- Extra Pair of Shoes (comfort pair for in Camp/ Tennis Shoes or River Sandals)
- 2-3 Sets of Socks (1 liner pair and 1 heavy pair = 1 set)
- 2-3 Pairs Underwear
- 2 Shirts (1 short sleeve and 1 long sleeve)
- 1 Pair Long Pants (preferably wool or synthetic)
- 1 Medium Weight Jacket or Heavy Sweater or Fleece
- 1 Waterproof Rain Suit or Poncho
- 1 Warm Hat/Beanie (for evenings)
- 1 Long Underwear/ Base layer (capilene or polypropylene)
- 2 Pair of Shorts for Hiking/Activities
- 1 Swimsuit

RECOMMENDED GEAR

- Biodegradable Soap (Ivory or Dr. Bronner’s, etc.)
- Lotion/Skin Hydrant (the air can be very dry)
- Bandana(s)
- Sunglasses (Highly Recommended)
- Brimmed Hat
- Camera!!! (with extra batteries, film and or memory card)
- Bug Repellent
- Lip Balm with SPF
- Ivory Soap or other Bio-degradable Soap
- Small Towel

Maps, Compass, Stoves, Cookware, Fuel, Water Filter, and First Aid Kits will be provided by the group leaders.

Please Note: You will be responsible for all your personal items, electronics, etc. Although we try to ensure safety of all personal equipment from damage or loss, Adventure Programs and/or our staff will not be liable should an incident occur.

No Drugs or Alcohol: University regulations and program policies do not allow alcohol or drugs on this trip. Thank you for your cooperation.

Refund Policy: Once an offering is full, you will be offered a refund (less $20 service charge) only if someone pays for your spot. If the offering is NOT full:
  - 30 or more days before the course date- Full refund less $20 processing fee.
  - 29 to 8 days before the course date- 50% refund less $20 processing fee.
  - Less than 8 days before the course date- no refunds available.