



# Santa Cruz Island Kayak Adventure

## *Packing List*



Please use this list to help you properly prepare for your outing. Any questions concerning the trip itinerary or your equipment needs can be discussed with your trip leader(s) when s/he calls you approximately one week prior to the trip. If you have any questions or concerns prior to contact with the trip leader(s) call UCSB Adventure Programs at 893-3737.

The items listed below as "REQUIRED" are necessary for your enjoyment and comfort. Do not substitute or exclude any "REQUIRED" items for your trip. Most of the equipment can be found in your own kitchen and closet. Please label your gear so it is easier to keep track. You can rent gear from our program if you need something on the required list (please visit us at [www.GauchosPlay.com/Adventure](http://www.GauchosPlay.com/Adventure) and then click "Rentals" for more information).

You can expect the weather on the island to be warm/hot in the daytimes and cool/cold in the evenings. Therefore, layering your clothing will be essential for you to enjoy this adventure. Please make sure that all items are packed in plastic or water proof bags in the event of rain.

### **REQUIRED EQUIPMENT**

- \_\_\_ Soft backpack or soft bag
- \_\_\_ Sleeping bag (should be rated to keep you warm to a temperature of 30°F)
- \_\_\_ Tent with rainfly (Required that you set it up a number of days before the trip and depends on number or participants in group)
- \_\_\_ Plastic ground sheet (to keep your tent/gear clean)
- \_\_\_ Ensolite pad or Thermarest (sleeping pad that will insulate you from the cold ground)
- \_\_\_ Headlamp/Flashlight (with new batteries)
- \_\_\_ Lunches (4)
- \_\_\_ Pocket knife
- \_\_\_ 1 cup, 1 bowl, 1 plate, knife, fork and spoon
- \_\_\_ Personal hygiene items (toothbrush, etc.)
- \_\_\_ Hand Sanitizer
- \_\_\_ Toilet paper (in a plastic bag)
- \_\_\_ Water bottles (2)
- \_\_\_ Several (6-8) large plastic bags to double wrap your equipment
- \_\_\_ Sunscreen (minimum rating of 15 SPF)
- \_\_\_ Special First Aid supplies according to your specific needs

### **REQUIRED CLOTHING**

While we are on our trips our levels of exertion change and so does the temperature. For this reason we suggest you use a layering system with your clothing. Start with a light layer. Then add more layers as it gets colder. The layers vary from 0 to 4 or 5 with the last layer being a waterproof layer which also keeps the wind out. You must always be prepared for rain or bad weather.

- \_\_\_ 1 waterproof rain jacket/suit or poncho
- \_\_\_ 1 pairs of footwear, (good for hiking)
- \_\_\_ 3 pairs of socks

(Over)

## REQUIRED CLOTHING (CONTINUED)

- \_\_\_ 3 pairs of underwear
- \_\_\_ 2 shirts (1 short sleeve and 1 long sleeve)
- \_\_\_ 1 pair of long pants (preferably wool or synthetic material)
- \_\_\_ 1 pair of shorts
- \_\_\_ 1 warm jacket, vest, medium weight jacket or heavy sweater (down, synthetic, fleece)
- \_\_\_ 1 windbreaker
- \_\_\_ 1 warm hat/beanie (for cold evenings)
- \_\_\_ 1 set of long johns (tops and bottoms, capilene or polypropylene)
- \_\_\_ Gloves or Mittens (if your hands get cold at night)
- \_\_\_ Sunglasses
- \_\_\_ Brimmed hat or visor
- \_\_\_ Swimsuit

## RECOMMENDED GEAR

- \_\_\_ Ivory Soap (or other biodegradable soap)
- \_\_\_ Small Camping Chair (Crazy Creek/ Thermarest)
- \_\_\_ Mosquito repellent
- \_\_\_ Towel (small)
- \_\_\_ Day pack
- \_\_\_ Camera (throw away waterproof ones work well)

**Please Note:** You will be responsible for all your personal items, electronics, etc. Although we try to ensure safety of all personal equipment from damage or loss, Adventure Programs and/or our staff will not be liable should an incident occur.

Maps, compass, stove, cook pots, fuel and 1st aid kits will be provided by the group leaders.

## ***UCSB ADVENTURE PROGRAMS***

***(805) 893-3737***

***[www.GauchosPlay.com](http://www.GauchosPlay.com)***

Monday through Friday 9 to 5 pm

**Refund Policy:** Once an offering is **full**, you will be offered a refund (less **\$20 service charge**) **only** if someone **pays** for your spot. If the offering is **NOT** full:

- 30 or more days before the course date- Full refund less \$20 processing fee.
- 29 to 8 days before the course date- 50% refund less \$20 processing fee.
  - Less than 8 days before the course date- no refunds available.

