Joshua Tree Backpacking
Packing List

Please use this list to help you properly prepare for your outing. Any questions concerning the trip itinerary or your equipment needs can be discussed with your trip leader(s) when s/he contacts you approximately one week prior to the trip. If you have any questions or concerns prior to contact with the trip leader(s) call UCSB Adventure Programs at (805) 893-3737.

The items listed below as "REQUIRED" are necessary for your enjoyment and comfort. Do not substitute or exclude any "REQUIRED" items for your trip. Most of the equipment can be found in your own kitchen and closet. Please label your gear so it is easier to keep track. You can rent gear from our program if you need something on the required list (please visit http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals and then click "Adventure Pass & Outdoor Gear Rentals" for rates).

You can expect the weather in Joshua Tree to be warm/hot in the daytime and cold/freezing in the evenings. There is a possibility of snow during winter in high desert and weather can take a turn for the worst at any time when in the outdoors; therefore, warm clothes, a layering system, effective rain gear, good footwear, a tent and a warm sleeping bag are essential for you to enjoy this trip.

**REQUIRED EQUIPMENT**

- Backpack that is adjusted to fit well (external or internal frame) 60-90L
- Plastic Ground Sheet/ Tarp (to keep your tent/gear clean)
- Sleeping Bag (should be rated to keep you warm to a temperature of 20°F)
- Ground Pad (sleeping pad (Foam or Inflatable) that will insulate you from the cold ground)
- Headlamp/Flashlight (with new batteries)
- Lunches
- Stuff Sack for Your Food
- Pocket knife
- 1 Cup, 1 Bowl, 1Plate, Fork and Spoon
- Personal Hygiene Items (toothbrush, etc.)
- Hand Sanitizer
- Toilet Paper (w/ 4-5 large ziplock bags)
- Menstrual Supplies (see recommendations on trip expectations)
- 2-3 Water Bottles (one Nalgene/Hydroflask/etc. and one Camelback works well, 2 Nalgene/Hydroflask/etc. are fine. Ability to carry at least 3L of H2O while hiking.)
- $$ to Buy Road Meals, Snacks, Souvenirs, etc.
- Sunscreen (min rating of 30 SPF)
- Sunglasses
- Brimmed Hat or Visor
- Whistle
- Special First Aid Supplies According to Your Specific Needs
REQUIRED CLOTHING

While we are on our trips our levels of exertion change and so does the temperature. For this reason we suggest you use a layering system with your clothing. Start with a light layer. Then add more layers as it gets colder. The layers vary from 0 to 4 or 5 with the last layer being a waterproof layer that also keeps the wind out. You must always be prepared for rain or bad weather.

____ Hiking Boots or Durable Hiking Shoes with Ankle Support (no hiking in converse!)
____ 2-3 sets of socks (1 liner pair and 1 heavy pair = 1 set)
____ 3-4 Pair Underwear
____ 2 synthetic quick dry shirts (1 long sleeve and 1 short sleeve)
____ 1 Pair Long Pants (preferable wool or synthetic)
____ 1 Down Jacket or Down Vest or Medium Weight Jacket or Heavy Sweater
____ 1 Waterproof Rain jacket or Poncho
____ 1 Beanie/Wool Hat (for evenings)
____ 1 Base Layer Set (tops and bottoms, capilene or polypropylene)
____ 1 Pair of Shorts for hiking
____ Gloves or Mittens (if your hands get cold at night)

RECOMMENDED GEAR

____ Backpacking Tent with Rainfly (1-3 person max. Required that you set it up and check it a number of days before the trip)
____ Extra Pair of closed toed camp Shoes (comfy for at camp)
____ Gaiters (desert, dust style, low-cut)
____ Bandana(s)
____ Biodegradable Soap (Ivory or Dr. Bronner’s, etc.)
____ Mosquito/Bug Repellant and Mosquito Netting
____ Lip Balm with SPF
____ Lotion/Skin Hydrant (air can be very dry)
____ 30 - 50 Feet of Nylon Cord
____ Small Towel
____ Day Pack (15-35 L: for day hikes; capacity to hold lunch/snacks, water, extra layers and some extras, like a camera and a book. Top part of backpack if fanny pack convertible works well.)
____ Camera
____ Repair Kit (Tent/backpack)
____ Trekking Poles (Play It Again Sports has used ski poles or you can rent)

Maps, Compass, Stove, Cookware, Fuel, Water Filter, and First Aid Kits will be provided by the group leaders.

*Leave room in your backpack for group food and gear.*

**Please Note:** You will be responsible for all your personal items, electronics, etc. Although we try to ensure safety of all personal equipment from damage or loss, Adventure Programs and/or our staff will not be liable should an incident occur.

**No Drugs or Alcohol:** University regulations and program policies do not allow alcohol or drugs on this trip. Thank you for your cooperation.

**Refund Policy:** Once an offering is full, you will be offered a refund (less $20 service charge) only if someone pays for your spot. If the offering is NOT full:

- **30 or more days** before the course date- Full refund less $20 processing fee.
- **29 to 8 days** before the course date- 50% refund less $20 processing fee.
- **Less than 8 days** before the course date- no refunds available.